



Cyber hygiene checklist

Five foundations to cybersecurity defense

Follow these key controls to ensure your organization is effectively mitigating cybersecurity threats



The five foundations

- Use multi-factor authentication (MFA) to access all IT systems and implement phishing-resistant authentication for all privileged users
- Limit users' access rights to the minimum required to perform their role
- Apply software patches for all high-risk vulnerabilities within 30 days, and use only supported software versions
- Conduct an annual employee security awareness training and continuous learning
- Ensure you have backed up all business critical data, and test data recovery procedures



To learn more, visit:
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