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Cyber hygiene checklist
Best practices for mitigating 90% of breaches online

Follow these steps from Yubico's security experts to ensure you're protected against cyber attacks

General account safety

- ☐ Check all of your frequently used accounts to enable the strongest MFA (such as a hardware security key)
- ☐ Review your app permissions to check what data you're sharing
- ☐ Check your wifi settings so that you don't auto connect to unknown networks and remove saved networks you no longer use
- ☐ Review browser extensions: uninstall those that you don't use, and check permissions
- ☐ Unpair bluetooth devices that you no longer use/own

Password management

- ☐ Ensure you are using a password manager
- ☐ Turn on MFA on your password manager
- ☐ Review your account passwords and update as needed
- ☐ Rotate any weak or exposed passwords as highlighted by your password manager

Social media

- ☐ Ensure your social media accounts are set to private
- ☐ Turn on MFA across all of your accounts
- ☐ Do an audit of your social media accounts and remove unwanted information
- ☐ Check your recent posts on inactive accounts
- ☐ Review your third party integrations on your social media apps

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