## yubico

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# Cyber hygiene checklist

Best practices for mitigating 90% of breaches online

Follow these steps from Yubico's security experts to ensure you're protected against cyber attacks

### **General account safety**

- Check all of your frequently used accounts to enable the strongest MFA (such as a hardware security key)
- Review your app permissions to check what data you're sharing
- Check your wifi settings so that you don't auto connect to unknown networks and remove saved networks you no longer use
- Review browser extensions: uninstall those that you don't use, and check permissions
- Unpair bluetooth devices that you no longer use/own

#### **Password management**

- Ensure you are using a password manager
- Turn on MFA on your password manager
- Review your account passwords and update as needed
- Rotate any weak or exposed passwords as highlighted by your password manager

#### Social media

- Ensure your social media accounts are set to private
  - Turn on MFA across all of your accounts
  - Do an audit of your social media accounts and remove unwanted information

Check your recent posts on inactive accounts

Review your third party integrations on your social media apps



Yubico (Nasdaq First North Growth Market Stockholm: YUBICO) is the inventor of the YubiKey, the gold standard in phishing-resistant multi-factor authentication (MFA), and a creator and contributor to FIDO open authentication standards. The company is a pioneer in delivering hardware-based passkey authentication to customers in 160+ countries. For more information, visit: www.yubico.com. © 2024 Yubico